



## Food Allergies: where medical science and food science meet at the family table

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View online : <https://www.france-science.org/Food-Allergies-where-medical.html>

You may have heard many stories and many opinions about the emerging epidemic of food allergies. Here is your opportunity to hear a brief presentation and then have a question and answer session with two professionals who have been active in the food allergy community for years. Exactly what are food allergies? Why do some food allergic people seem to need more protection than others? What can you do to order safely in a restaurant if you have a food allergy?

To answer these questions, *A la Carte* and the Office for Science and Technology in Chicago invite you at a free lecture given by Pr. Christine Szychlinski and Chef Dominique Tougne. This lecture will be held on Saturday, October 22, 2016 at the Ann & Robert H. Lurie Children's Hospital of Chicago.

- **When:** Saturday, October 22, 2016, at 3pm
- **Where:** Ann & Robert H. Lurie Children's Hospital of Chicago - Family Practice Conference Room ([225 East Chicago Avenue, Chicago, IL 60611 - 11th floor](#))
- **Free lecture for a general audience**
- **[Register here](#)**

Christine and Dominique look forward to responding to these questions and more!

### [About the speakers](#)

Christine Szychlinski, MS, APN-PC is the Manager of the Bunning Food Allergy Program at the Ann & Robert H. Lurie Children's Hospital of Chicago.

Dominique Tougne, professional Chef, Chez Moi in Chicago and La Voûte in Homewood, is also a father of two children with severe allergies. Chef Tougne was instrumental in raising awareness for food allergies and helped implement training for employees of Levy Restaurant Group.

### [About A la Carte](#)

*A la Carte* is a celebration of contemporary French food, wine and art of living, designed to excite and inspire food lovers of all ages. For a whole week, from October 19th-30th, guests will experience new and classic foods, pastries, and beverages all while discovering the many flavors of France! This week-long event includes specially crafted menus at restaurants, cooking workshops, tastings, a recipe contest via social media, and activities for children and families... It is organized among others by the Consulate General of France in Chicago, the *Alliance française* of Chicago, the French-American Chamber of Commerce of Chicago and several restaurants in Chicago.

For more information: <https://www.alacartechicago.com/>